

OPLAN KAPAYAPAN

I. Rationale

Kindness is a necessary characteristic for maintaining relationships, which contributes in the formation of a trustworthy and cooperative society. The art of kindness is to be helpful, kind, and empathic without asking anything in return. Kindness is an attitude. Kindness is typically easy, inexpensive, ethical, and beneficial. According to research, acts of kindness is a satisfaction to every individual.

The Philippines in the World Giving Index initiated by Charities Aid Foundation, in the past 6 years from 2013-2018, the Philippines is declining on the said data: Rank 20 (2013), Rank 30 (2014), Rank 46 (2015), Rank 47 (2016), Rank 54 (2017), and Rank 89 (2018). Thus, the Mabalacat City College Campus Youth Ministry wants to promote the acts of kindness and generosity and engage and absorb the value in many aspects of the society. The OPLAN KAPAYAPAN project seeks to promote kindness in different ways and also to cultivate the culture of kindness and generosity.

II. Objectives:

- To strengthen the values of kindness and generosity
- To remind people to be kind in their daily-life activities
- To make each individual accountable for himself, their surroundings, and the environment.
- To provide value in terms of responsibility, attentiveness, and empathy.

III. Strategic Goals

- Make kindness visible everywhere.
- Promote the significance of kindness and generosity.
- Increase the number of volunteers and people in participating in the kindness campaigns.
- Strengthen the linkages and partnerships.

IV. Calendar of Activities and Actions

Month	Activity	Relevance
June	Launching of the OPLAN KAPAYAPAN	This activity is the launching of the program together with the Youth Jam that will be organized by the Campus Youth Ministry.
July	Launching of KINDNESS APP	This activity will launch an app that can people remind them that do kindness in a day.
August	Launching of BINGO KINDNESS cards	This activity will examine the impact of actions in general well-being by using the Bingo Kindness Card.
September	Pass the Kindness	This will be circulated throughout the community and leaves a legacy positive manner, attaining the purpose of spreading compassion with a simple gesture.
October	KINDNESS Exhibits	This activity will show the different kind of spreading kindness and to educate on how to share kindness in a simplest way.
November	Schools and Parish Kindness Campaigns	The objective is to cultivate a culture of kindness, compassion, acceptance, and inclusion. Also to celebrate the Filipino Values Month.
December	Posting of Posters and Mural Painting	The postings of posters and mural painting it will serve as a reminder in the whole community that we need to be kind in every aspects of life.

V. Committees

Committee on Secretariat

Committee Head: Sis. Kia B. Mendoza & Sis. Mary Jane D. Babadilla

Duties and Responsibilities

- Prepares and files all incoming and outgoing correspondences
- Prepares registration forms
- Prepares Evaluation form

Committee on Finance

Committee Head: Sis. Rosa Queen T. Manansala & Sis. Cyril Ann Abalos

Duties and Responsibilities

- Collects and files all liquidations of all the committees

- Disburses funds to all committees with the appropriate approval of the adviser
- Submits reports on the total budgetary requirements of the activity

Committee on Logistics

Committee Head: Sis. Missy Marcaida & Bro. Adrian Adoniz Dizon

Duties and Responsibilities

- Prepares the venue before the event
- Prepares necessary equipment for the event
- Submits liquidation of all expenditures.

Committee on Food

Committee Head: Bro. Brylle Aquino and Bro. Dheyneir Castro

Duties and Responsibilities

- Prepares all the snacks and foods.
- Ensures the quality of the food
- Submits liquidation of all expenditures.

Committee on Public Relations

Committee Head: Sis. Jen Quioc

Duties and Responsibilities

- Distribute letters and information to concerned people.
- Informing the participants from time to time.
- In charge for the documentation of the whole program.

Committee on Multimedia

Committee Head: Ralph Joseph Lugtu

Duties and Responsibilities

- Editing of Videos and Poster
- Prepares the PowerPoint Presentation (if needed)
- Prepares the Music for the event

V. Resources

- JCI Mabalacat Malasa
- City School Division of Mabalacat
- Parish Youth Ministries in Mabalacat City

Annex 1

TEMPLATE FOR THE I.S.I.P. COMPETITION PROGRAM PROPOSAL

Program Profile		
Institute/Organization/Office Name	Mabalacat City College Campus Youth Ministry	
Institute Dean/Immediate Supervisor/Organization Adviser	Mr. Raymond John D. Vergara	
Email address	campusyouthministrymcc@gmail.com	
Program Name / Title	OPLAN KAPAYAPAN	
Category (Please mark (x) just one)	<input type="checkbox"/> 1. Industrial Application <input type="checkbox"/> 2. Entrepreneurial Spirit <input checked="" type="checkbox"/> 3. Ethical Value <input type="checkbox"/> 4. Student Mobility and Openness <input type="checkbox"/> 5. Crisis Management <input type="checkbox"/> 6. Progress in the Fourth Industrial Revolution	
Abstract of Program (200-300 words)		
<p>Kindness is a necessary characteristic for maintaining relationships, which contributes in the formation of a trustworthy and cooperative society. The art of kindness is to be helpful, kind, and empathic without asking anything in return. Kindness is an attitude. Kindness is typically easy, inexpensive, ethical, and beneficial. According to research, acts of kindness is a satisfaction to every individual.</p> <p>The Philippines in the World Giving Index initiated by Charities Aid Foundation, in the past 6 years from 2013-2018, the Philippines is declining on the said data: Rank 16 (2013), Rank 30 (2014), Rank 46 (2015), Rank 47 (2016), Rank 54 (2017), and Rank 89 (2018). Thus, the Mabalacat City College Campus Youth Ministry wants to promote the acts of kindness and generosity and engage and absorb the value in many aspects of the society. The OPLAN KAPAYAPAN project seeks to promote kindness in different ways and also to cultivate the culture of kindness and generosity.</p>		
Planning		
Background	The project is a long year activity that promotes the value of kindness and generosity. Every month will have a different activity that answers the strategic goals of the project.	
Subject (Names & titles)	Initiator(s)	Bro. Gerald A. Masanaque
	Leader(s)	Bro. Gerald A. Masanaque
	Team members	<ul style="list-style-type: none"> • Committee on Secretariat – Sis. Kia B. Mendoza & Sis. Mary Jane D. Babadilla • Committee on Finance – Sis. Rosa Queen Manansala & Sis Cyril Ann Abalos • Committee on Logistics – Sis. Missy Marcaida & Bro. Adrian Adoniz Dizon • Committee on Food – Bro. Brylle Aquino and Bro. Dheyneir Castro • Committee on Public Relations: Sis. Jen Quioc • Committee on Multimedia – Bro. Ralph Joseph Lugtu
Environment	Nature/society	The target people on this project are the local community of Mabalacat.
	Industry/market	The beneficiary of this projects are the youths and people around in Mabalacat because this project is for all.

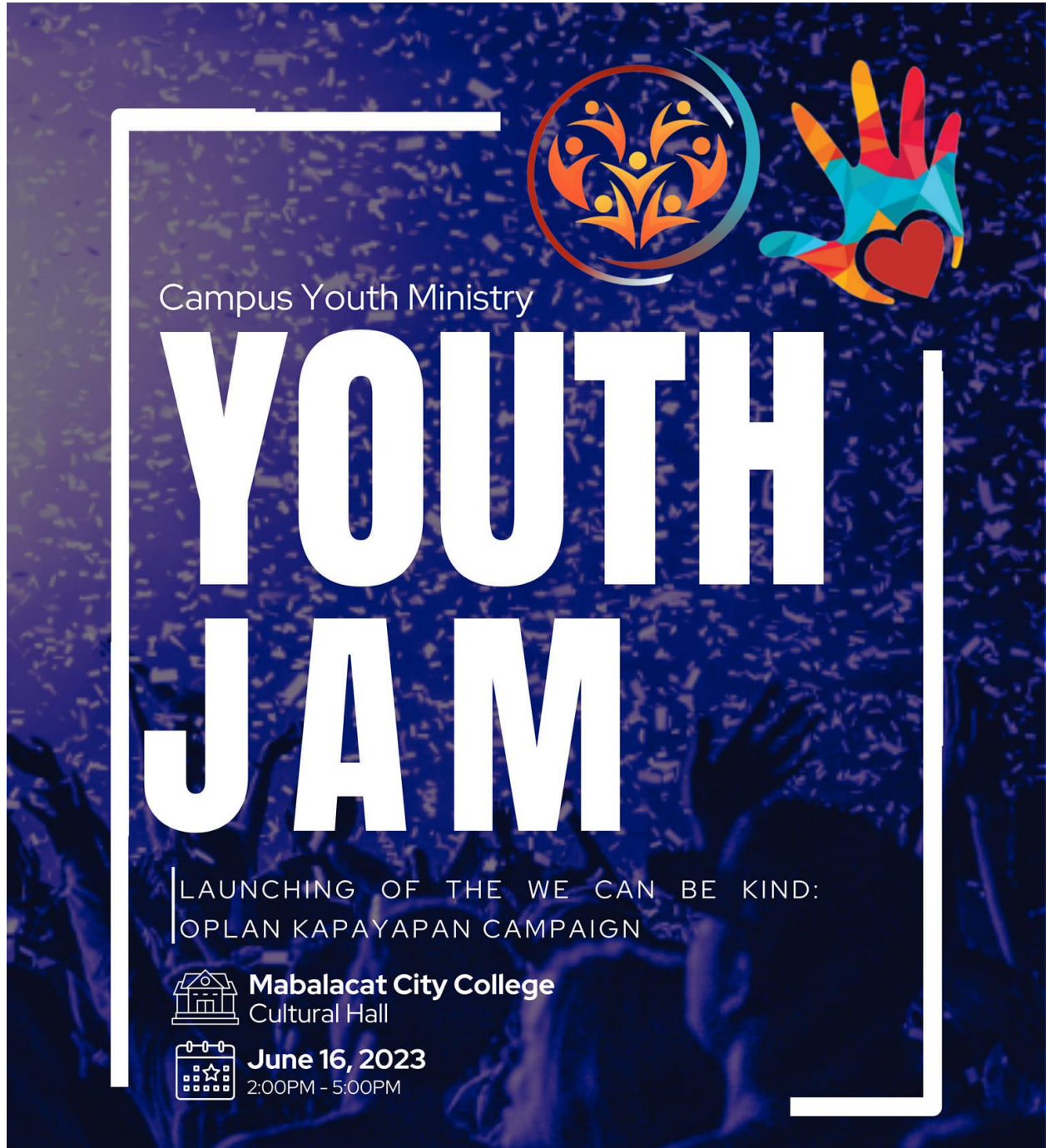
	Government/others	<ul style="list-style-type: none"> • City Schools Division of Mabalacat • Parish Youth Ministries in Mabalacat
Resources	Human requirements	In this project it will be a collaboration with the leaders of different Parish Youth Ministry. Also, a partnership with the Division Office of Mabalacat. JCI would also be one of major partner in terms of this project because this Non-governmental organization that focuses on youth.
	Financial requirements	This project includes financial aid (depending on the activities to be done) but the constant are Food, Tokens, and other printing materials.
	Technological/other requirements	Sound Systems, Television/projector, white screen, (depending on the event.)
Mechanism	Strategic options available	<ul style="list-style-type: none"> •Make kindness visible everywhere. •Promote the significance of kindness and generosity. •Increase the number of volunteers and people in participating in the kindness campaigns. •Strengthen the linkages and partnerships.
	Their relative importance	The importance of this project is to promote kindness in all aspect. Kindness is already in the hearts and minds of every person, but we must always be reminded that goodness will lead to a better tomorrow for the people of the whole world.
	Their sequences for execution	The project will promote an act of kindness in different aspect, such as kindness in human, to the community, to the environment and etc. With this project, the organization will able to share and to promote awareness and reminders to people that being kind is the most essential way to live our lives to the fullest.
Content		<ul style="list-style-type: none"> • Conduct Survey • Launch BINGO Kindness Cards • Pass the Kindness • Kindness Exhibits • School and Parish Kindness Campaigns • Posting of Posters and Mural Painting
Target SDGs		<ul style="list-style-type: none"> • GOAL 4: Quality Education • GOAL 16: Peace, Justice and Strong Institutions • GOAL 17: Partnerships to achieve the Goal
Key points		<ul style="list-style-type: none"> • This project makes people have a satisfaction if they do kindness • The Organization makes variety of Activities that promote and make the people well-being in terms of kindness
Differences from traditional approaches		The project is a simple plan on how to promote the value of kindness but it leaves a legacy that who will participate in this project. Just imagine how impactful if

	you influence your community by showing a simple way of act.
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LAUNCHING OF THE PROJECT:




POSTERS:




Campus Youth Ministry

YOUTH JAM

LAUNCHING OF THE WE CAN BE KIND:
OPLAN KAPAYAPAN CAMPAIGN

 **Mabalacat City College**
Cultural Hall

 **June 16, 2023**
2:00PM - 5:00PM



#CAYANTABEMUKU
#KAPAYAPAN
#MAYAP

LOGO OF THE PROJECT:



WE CAN BE KIND:

OPLAN KAPAYAPAN

KINDNESS CHANGES EVERYTHING

NEWS:



Links:

<https://www.facebook.com/mcctheequalizer/posts/pfbid0HovNAmaFVE3UUVCMg4dAW2ELazUdeI2TBYUzEU9hPDiHezBZHtpgpbh4WZuo25sTl>

<https://www.facebook.com/mcctheequalizer/posts/pfbid02jyBA1CoPtwPn6J3beMLDpGAMDCB3wha3MCjzBLwmaw7F8sCPm9Q4had23vYqLfbpl>

LAUNCHING OF KINDNESS BINGO CARDS:

Name: _____

KINDNESS

BINGO CHALLENGE



WE CAN BE KIND:
OPLAN KAPAYAPAN
KINDNESS CHALLENGE

Recycle or compost	Used a reusable bottle	Left a positive note in a random library book for someone to find	Helped a stranger who needs help	Take Turns
Treat a Colleague	Said 'thank you' to someone	Picked up litter and put it in the correct bin	Asked someone about their day	Water a plant
Cleaned up a mess that wasn't mine	Gave someone a compliment	SMILED	Gave an advice to a friend who have a problem	Helped your parents by doing extra household chores
Helped someone	Smiled at another student	Made someone laugh	Donated your old clothes	Helped your teacher
Fed Stray Animals	Gave a friend or family member a hug	Helped a friend with their work	Texted a positive message to a friend	Cooked for your family

www.randomactsofkindness.org After you finished this BINGO KINDNESS, kindly fill out this form: <https://forms.gle/kVUPwXZpWtBuLseIZ>

Name: _____

KINDNESS

BINGO CHALLENGE



WE CAN BE KIND:
OPLAN KAPAYAPAN
KINDNESS CHALLENGE

Mag-recycle o mag-compost	Cumamit ng reusable na bote	Nag-iwan ng positibong tala sa isang aklat sa silid-aklatan	Tumulong sa isang estranghero na nangangailangan ng tulong	Magpalitan/Nag pahiram ng mga gamit sa isang tao
I-Treat and isang kasamahan	Nagsabi ng 'salamat' sa isang tao	Pumulot ng mga basura at inilagay sa tamang basurahan	Nagtanong sa isang tao tungkol sa kanilang araw	Diligan ang halaman
Naglinis ng kalat na hindi akin	Nagbigay ng papuri sa isang tao	HUWAG KALIMUTANG NGUMITI	Nagbigay ng payo sa isang kaibigan na may problema	Tumulong sa iyong mga magulang sa pamamagitan ng paggawa ng mga karagdagang gawaing bahay
Nakatulong sa isang tao	Ngumiti sa isa pang estudyante	Napatawa ang isang tao	Nag-donate ng iyong mga lumang damit	Tinulongan ang iyong guro
Pinakain ang mga aso at pusa na gala.	Bigyan ang isang kaibigan o miyembro ng pamilya ng isang yakap	Tinulongan ang isang kaibigan sa kanilang trabaho	Nag-text ng positibong mensahe sa isang kaibigan	Nagluto para sa iyong pamilya

www.randomactsofkindness.org After you finished this BINGO KINDNESS, kindly fill out this form: <https://forms.gle/kVUPwXZpWtBuLseIZ>

MEETING:



