

GOAL

2 ZERO HUNGER





GOAL 2: ZERO HUNGER

NATIONAL HUNGER

Mabalacat City College has made significant progress in addressing hunger and food insecurity among its students, recognizing that proper nutrition is essential for academic success and overall well-being. One of the key initiatives undertaken by MCC to combat hunger is Project Kape Tinape, a program designed to provide students with free coffee and bread during critical times, such as examinations.

Launched in 2023, Project Kape Tinape was a collaborative effort between MCC, Alphabet Soup Inc., and Gardenia, aimed at offering sustenance to students who may be experiencing hunger while preparing for or taking exams. The initiative was developed with the understanding that hunger could negatively impact students' focus, academic performance, and increase their stress levels. By providing a simple yet effective solution—free coffee and slices of bread—the project not only alleviated hunger but also created a more supportive learning environment during stressful exam periods.

The benefits of Project Kape Tinape were substantial. The provision of free coffee and bread gave students the energy needed to concentrate on their exams, which in turn helped improve their academic performance. Additionally, by addressing hunger, the project reduced stress levels among students, making them more prepared and confident as they approached their exams. Furthermore, the project raised awareness of food insecurity among students, bringing attention to the pressing issue of hunger within the academic community.

Throughout the year, Project Kape Tinape garnered significant support from the community. By the end of 2023, the project had received donations totaling 1785 loaves of bread, valued at PHP 155,222.00, and 2768 sachets of Nescafé, valued at PHP 240,048.00. These generous contributions were crucial in supporting the initiative, ensuring it could continue to provide much-needed resources to students during important academic moments, such as exams and institutional events.

In addition to Project Kape Tinape, MCC also took proactive steps to support the broader community, particularly through its Seasonal Farmers Workers Program. This program was designed to assist local farmers during seasonal transitions, providing them with the resources and support necessary to ensure food security within the community. By focusing on the livelihoods of farmers, MCC contributed to the local agricultural sector and worked towards addressing hunger from a community-wide perspective.





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STUDENT HUNGER

MCC has long recognized the pressing issue of student hunger and has taken meaningful steps to address it, ensuring that every student has the nourishment they need to succeed both academically and personally. One of the most impactful initiatives introduced by the college in 2023 is Project Kape Tinape, a program developed in partnership with Alphabet Soup Inc. and Gardenia.

At its core, Project Kape Tinape is about offering students something simple, yet essential—a moment of sustenance during times of intense pressure. During exams, when stress levels run high, many students may struggle with hunger, affecting their ability to focus and perform well. Project Kape Tinape aims to ease that burden by providing free coffee and slices of bread to students right when they need it most. The initiative acknowledges that hunger doesn't just cause physical discomfort; it can also diminish concentration and increase stress, making academic challenges even more daunting.

The impact of Project Kape Tinape has been profound. Offering a hot cup of coffee and a slice of bread doesn't just provide immediate relief from hunger—it helps students recharge, refocus, and approach their exams with renewed energy and clarity. This simple act has proven to not only boost academic performance but also reduce the stress and anxiety that often accompany exam periods. Beyond that, the project has played an important role in raising awareness about food insecurity among students, sparking important conversations about hunger in academic communities.

Since its launch, the project has supported a wide range of MCC activities, from institutional events and festivals to critical academic periods like examinations. In 2023, Project Kape Tinape received generous donations, including 1785 loaves of bread, valued at PHP 155,222.00, and 2768 sachets of Nescafé, valued at PHP 240,048.00. These contributions were essential in sustaining the program and ensuring it continued to serve students in need during pivotal academic moments.

The initiative aligns with several of the United Nations' Sustainable Development Goals (SDGs), such as Zero Hunger, Quality Education, Good Health and Well-Being, Reduced Inequalities, Sustainable Cities and Communities, and Partnerships for the Goals. Project Kape Tinape doesn't just aim to improve individual students' experiences—it's also part of a larger global movement to address food insecurity and create a more supportive, sustainable environment for learning.

Through Project Kape Tinape, MCC has made a significant impact in addressing student hunger, creating a supportive atmosphere for learning, and shining a light on the importance of food security in academic success. It's a testament to the college's commitment to not only providing quality education but also ensuring that all students have the basic needs met to help them thrive.

